



miraDry Post Care Instructions

Immediately ice the treated area using towel-wrapped ice packs and use non-prescription anti-inflammatory medication to reduce swelling. Continue as needed over the next 4-5 days.

Keep the treated area clean (wash with water and gentle liquid soap) and apply an over-the-counter antibiotic ointment to prevent infection.

Avoid shaving or applying antiperspirant/deodorant for the next 4-5 days. If antiperspirant/deodorant is still desired after the treatment, discard partially used product and open a new product.

Wait a few days before resuming rigorous exercise and activity.

Wear loose fitting tops to avoid underarm irritation for the next 4-5 days.

Side Effects and Risks

Due to the anesthesia, you may experience bruising at the injection site. You may also experience shaking, numbness or tingling in the arm.

After the treatment, you may experience swelling, redness, temporary altered sensation, tingling, soreness, weakness, tight banding, pain or bumps under the skin in the treated area and/or upper arm. In most cases, these side effects will gradually go away. In rare cases, it can last for several months.

Discomfort, tenderness or pain in the underarm is typically treatable with non-prescription medications. In rare cases, prescription medications may be needed.

In rare situations, hyperpigmentation (darkening of skin) burns, skin injections, rashes and altered sweating in other areas of the body may occur.

Contact Coachlight 515-221-9405 if you experience any of these side effects.